

Tennis Lessons – Beginner to Novice

This course is designed to develop the fundamentals of the game for players from Beginner to Advanced plus your game play. Tennis takes time...time for learning, time for practicing and time for competing. Your time is valuable and our lessons are designed to help you use that time well and in the advance level, the goal is to get you ready for the next level, tournaments. The "Game For Life"...learned at any age and played for all time. More information is available on line at www.gordhaukastennis.com Jericho Beach Tennis Courts

INSTRUCTOR: GORD HAUKA

Level	Day	Dates	Time	Cost
Beginner 55209	Tuesday	Apr 5 – May 3	6:00pm-8:00pm	\$120/5 sess
Beginner 55211	Saturday	May 7 – Jun 11* *No class May 21	11:45am-1:45pm	\$120/5 sess
Beginner 55214	Monday & Wednesday	Jul 6 – Jul 20	6:00pm-8:00pm	\$120/5 sess
Beginner 55215	Monday & Wednesday	Aug 8 – Aug 22	6:00pm-8:00pm	\$120/5 sess
Novice 55210	Tuesday	Apr 5 – May 3	6:00pm-8:00pm	\$120/5 sess
Novice 55212	Saturday	May 7 – Jun 11* *No class May 21	11:45am-1:45pm	\$120/5 sess
Novice 55213	Monday & Wednesday	Jul 6 – Jul 20	6:00pm-8:00pm	\$120/5 sess
Novice 55216	Monday & Wednesday	Aug 8 – Aug 22	6:00pm-8:00pm	\$120/5 sess
Advanced 55217	Thursday	Apr 7 – May 5	6:00pm-8:00pm	\$120/5 sess
Advanced 55218	Saturday	May 7 – Jun 11	1:45pm-3:45pm	\$120/5 sess
Advanced 55219	Monday & Wednesday	Jul 6 – Jul 20	6:00pm-8:00pm	\$120/5 sess

Taste of Kayaking (16+ yrs) NEW

A two hour taster session; the perfect opportunity to discover what you love about kayaking and how to progress towards safely and effectively doing more of it. Ideal for individuals curious about kayaking who want to get their feet wet.

Jericho Beach (1300 Discovery Street)

55870-55882 \$59/1 sess
Sa Jun 4-Aug 27 9:30am-11:30am

55883-55893 \$59/1 sess
M Jun 6-Aug 15 6:30pm-8:30pm

55894-55895 \$59/1 sess
M Aug 22-Aug 29 6:00pm-8:00pm

INSTRUCTOR: ECOMARINE PADDLESPORT CENTRE

Kayaking – Beginner Series (16+ yrs) NEW

Spend four evenings at Jericho beach exploring the world of ocean kayaking. This comprehensive program supplies the foundation skills for paddlers wanting to head out for short paddles in a group or by themselves. On the water we focus on skills such as maneuvering and balancing. Once comfortable in the kayak you will learn how to safely exit your kayak in the event of a capsize, how to get back in with the help of a partner and on your own. Jericho Beach (1300 Discovery Street)

55861 \$299/4 sess
Th May 12-Jun 2 6:00pm-9:00pm

55862 \$299/4 sess
W Jun 15-Jul 6 6:00pm-9:00pm

55863 \$299/4 sess
Tu Jul 12-Aug 2 6:00pm-9:00pm

55864 \$299/4 sess
Th Aug 11-Sep 1 5:30pm-8:30pm

INSTRUCTOR: ECOMARINE PADDLESPORT CENTRE

Sports

Ball Hockey (19+ yrs)

Bring your own hockey stick, wooden blades must have white tape. Protective equipment strongly recommended. Non-contact, zero tolerance for rough play. WPG Gym

No class May 23

49363 \$54/12 sess
M Apr 4-Jun 27 7:30pm-9:30pm

No class Aug 1

49368 \$28/6 sess
M Jul 4-Aug 15 7:30pm-9:30pm

Basketball (19+ yrs)

Looking for some fun? Come on down for a little recreational basketball. WPG Gym

49381 \$59/13 sess
Th Apr 7-Jun 30 7:30pm-9:30pm

49382 \$32/7 sess
Th Jul 7-Aug 18 6:30pm-8:30pm

Indoor Soccer (19+ yrs)

A fun way to get in shape or maintain your soccer skills. Come in and give it a kick. WPG Gym

49372 \$59/13 sess
Tu Apr 5-Jun 28 7:30pm-9:30pm

49373 \$32/7 sess
Tu Jul 5-Aug 16 6:30pm-8:30pm

Volleyball (19+ yrs)

There will be one full size court available for all levels. WPG Gym

49378 \$59/13 sess
W Apr 6-Jun 29 7:30pm-9:30pm

49380 \$32/7 sess
W Jul 6-Aug 17 6:30pm-8:30pm

Volleyball Skills & Training Clinic (19+ yrs)

Taught by NCCP level 2 Coach. All skill levels welcome. Each session will introduce a new skill and end in game play. JH Gym South

49563 \$154/6 sess
Th Apr 7-May 12 7:00pm-9:00pm

INSTRUCTOR: VOLLEYBALL BC

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