

KAYOTICS

SKIMBOARDING CAMPS

ABOUT US

Kayotics Skim Lessons and Camps are an unrivalled way to welcome yourself to the world of flatland skimboarding. As leaders of the "New School" our vision is the improvement of individual riders and the sport of skimboarding as a whole. You won't find yourself learning to carve our nonexistent waves, but instead can look forward to sliding smooth rails and popping 360 shoves. Catering to all ages and skill levels, KSL is there to teach you everything from the very basics, like proper board toss, to technical skills on innovative rails. If you don't already have one, you'll be able to try out a Kayotics Skimboard. Being instructed by one of the world's top riders, and sampling the world's best skimboard is the foundation on which your ultimate skim experience begins.



WHAT WE DO

We meet every morning at a set location and time Monday through Friday. Camps run 3 hours each day. Every group varies with different skill levels and abilities so we make sure to cater to each and every kid without moving too fast or too slow. The general breakdown goes as follows.

Day 1: An Introduction To Skimboarding

- Meeting the instructors and a short history of the sport
- Proper beach etiquette.
- Best Conditions and how to pick the best skim spots
- Safety for you and the riders around you.
- Board maintenance
- Setting up a new board
- Stretching/Warmup
- Free Skim
- 1 on 1 coaching
- Lunch
- Teaching New Tricks
- 1 on 1 coaching
- Free Skim

Day 2: Fine Tuning the fundamentals and Beach Trek

- Board maintenance
- Stretching/Warmup
- 5-10 minute Walk to the best skim spot on the beach
- Free Skim
- 1 on 1 coaching
- Lunch
- Teaching New Tricks.
- 1 on 1 coaching
- Free Skim

Day 3: Introduction of rails and ramps

- Meeting
- Board maintenance
- Stretching/Warmup
- Free Skim
- 1 on 1 coaching
- Lunch
- Introduction to rail riding
- Proper rail maintenance
- Teaching rail slides
- 1 on 1 coaching

Day 4: Advancing Rail Riding.

- Meeting
- Board maintenance
- Stretching/Warmup
- Free Skim

- 1 on 1 coaching
- Lunch
- Rail preparation
- Advanced rail slides
- 1 on 1 rail/ramp coaching
- Free Skim

Day 5: Skimboard Party!

- Meeting
- Stretching/Warmup
- Free Skim
- Best Tricks Contest
- Lunch
- Free Skim with rails and ramps
- Mini Contest
- Photo Shoot
- Goodie Bags and prizes
- Happy camper of the week Prize (12 total winners)
- Best Trick Prize (12 total winners)
- Best Bail Prize (12 total winners)

Important Information for the West Point Grey Community Centre Camps:

- On the first day of camp (Monday) we will meet in the parking lot of the Fitness Centre/Main Office building of West Point Grey Community Centre just off North West Marine Drive.

- The instructor to participant ratio is 1 instructor to every 7 participants. (Ratio may vary depending on class sizes).

- At the end of Mondays Lesson, drop off and pick up will take place at Spanish Banks West (Just past the Spanish Banks East Concession). The same will apply for the rest of the week in order to maximize our time on the beach.

*Spanish Banks East Concession
4707 NW Marine Dr
Vancouver, BC V6T 1A9*

- All children must have their own board or one can be purchased upon registration for an additional \$60

WHAT SHOULD I PACK

Skimboarding in Vancouver faces inconsistent weather. Some mornings can start cold and get really hot or start hot and get really cold. If weather is too tough to bare we do have indoor facilities at the community centres where we can lay low until the weather changes. You can skimboard in hooded sweatshirts and even jackets so make sure you have enough warm clothes for before and after in case of colder days.

To make sure you are prepared we recommend bringing a bag or backpack with the following.

- Towel 1-2 (doesnt hurt to have more)
- Extra sweatshirt. (in case the first one gets wet is nice to have a backup)
- Small packed lunch or money for the concession. (we break for a 30-45 minute lunch everyday)
- Sunscreen. (always important to have sunscreen for the hotter days).



HISTORY OF SKIMBOARDING

Skimboarding has been around since the 1920s lifeguards from Laguna Beach used large plywood disks to skim the wavebreaks. Skimboarding has evolved since then; influenced greatly by the surfing industry. Spreading from the wavebreaks of the west coast, inland to tide flats, rivers, and lakes. Flatland or Inland skimboarding has grown using other influences like snowboarding and skateboarding, incorporating rails and jumps into everyday sessions. Skimboarding is a fun and exciting sport for people of all ages.



HISTORY OF KAYOTICS

Kayotics Skimboards was founded by John Minns in Vancouver in 2001. Minns saw the need for a more evolved skimboard to help progress the sport. Boards were manufactured on a small scale and gained interested locally throughout the skimboarding scene in B.C. 10 years later Kayotics would become a staple in the flatland skimboarding world and gain interest globally for its high quality skimboards and dominant team of riders. In 2013 Kayotics sells boards worldwide and has become the premium branded skimboard company.

FLATLAND SKIMBOARDING VS WAVE SKIMBOARDING

There are 2 types of skimboarding. Wave skimboarding and flatland. Wave skimboarding uses a foam board to get out to deeper water to allow the rider to drop down the slanted shore line hit waves and ride them back to the shore. Flatland skimboarding has developed from oval wood disks to higher performance boards made in a similar process to skateboards. Flatland skimboarding is done without waves and uses shallow pools to hydro-plane across and do technical tricks. Rails and ramps made of wood frames and pvc have been incorporated into flatland skimboarding and flatland skimboarding now hosts many events that resemble a skateboard park on the beach.



WHY WE LOVE SKIMBOARDING

With skimboarding you can take advantage of the beautiful beaches rivers and lakes you're community offers. Finding you're favourite pool to skim is all part of the adventure.

Skimboarding requires only you you're board and some board shorts making it easy to skim solo or with a group of friends. Pushing your skimboarding to the next level by learning new tricks or incorporate obstacles into your riding gives you an endless learning curve to keep pushing yourself.

At the end of the day what better way to spend a hot summer than cruising up and down the beach on a skimboard.

